

## S1 Musicianship Practice Sheet (Reference: Level 3 Books, page 14)

The activities found in this **Section 1 Musicianship Practice Sheet** practice all the concepts taught in Section 1. These should be used after students have worked through all the concepts, activities, worksheets etc found in Section 1 to consolidate this knowledge.

These tasks can also create part of a regular assessment regime, encouraging students to regularly (preferably daily for about 10 minutes) practice their musicianship skills, thereby improving their aural, theory and analysis skills giving them a greater understanding of the music they are performing, ultimately translating into better performance.

Students should not progress to the next Section until all concepts in the previous section are well known.

### What Do I Mean by Know?

If you really KNOW something you can:

- aurally recognise** the new element and transcribe the element (scale, note, rhythm, chord etc)
- visually recognise** and write the element
- read or sing**, in **rhythm names**, the element
- improvise** and **compose** using the element

### How to Use this Practice Sheet

Students, either independently or in class directed by a teacher, should spend approximately 10 minutes per day doing one or two activities from each area of study (rhythm, scales etc).

There should be a mix of practical and theory type activities in each session and all activities should be practice several times across a week.

Students should practice with the video, if available, until confident they are in tune and correct.

## S1 Rhythm

Practice Activities based on Section 1 Content	Resources
Read simple time rhythms in rhythm names with conducting	Rhythmic Examples 1 to 4 Pages 1 and 2 Completed Section 1 Transcription Exercises <a href="#">S1 Rhythm Sightreading Sheet 1</a> and <a href="#">2</a>
Compose simple time rhythms using ONLY rhythms in Section 1	<a href="#">S1 Rhythm Worksheet 4</a>
Complete all Section 1 Rhythm Worksheets	<a href="#">S1 Rhythm Worksheet 1</a> <a href="#">S1 Rhythm Worksheet 2</a> <a href="#">S1 Rhythm Worksheet 3</a> <a href="#">S1 Rhythm Worksheet 5</a>
Practice Rhythmic Clever Echo	<a href="#">S1 Clever Echo Video 1</a>

## S1 Scales

Practice Activities based on Section 1 Content	Resources
Sing the Major scale in solfa with handsigns	<a href="#">Video 7a</a>
Sing the C Major scale in letter names	<a href="#">Video 7b</a>
Complete all Section 1 Scales Worksheets	<a href="#">S1 Scales Worksheet 1</a> <a href="#">S1 Scales Worksheet 2</a> <a href="#">S1 Scales Worksheet 3</a>

## S1 Musicianship Practice Sheet cont. (Reference: Level 3 Books, page 14)

### S1 Intervals

Practice Activities based on Section 1 Content	Resources
Sing all Major & Perfect Intervals in solfa with handsigns	<a href="#">S1 Video 11a</a>
Sing all Minor & Perfect Intervals in solfa with handsigns	<a href="#">S1 Video 12a</a>
Sing the C Major scale with intervals in solfa with handsigns	<a href="#">S1 Video 13a</a>
Complete all Section 1 Intervals Worksheets	<a href="#">S1 Intervals Worksheet 1</a> <a href="#">S1 Intervals Worksheet 2</a>
Practice Intervals Clever Echo	<a href="#">S1 Clever Echo Video 2</a>

### S1 Melody

Practice Activities based on Section 1 Content	Resources
Sing one C Major melody, in treble or bass clef, in solfa with handsigns.	<a href="#">S1 Melody Sightreading Sheets 1 and 2</a>
Compose C Major melodies, in treble or bass clef, then sing in solfa with handsigns.	<a href="#">S1 Melody Worksheet 2</a>
Complete all Section 1 Melody Worksheets	<a href="#">S1 Melody Worksheet 1</a>
Practice Melody Clever Echo	<a href="#">S1 Clever Echo Video 3</a>

### S1 Chords

Practice Activities based on Section 1 Content	Resources
Sing the C Major tonic triad in solfa with handsigns	<a href="#">S1 Video 16a</a>

### S1 Chord Progressions

Practice Activities based on Section 1 Content	Resources
Sing the bassline of one chord progression in solfa with handsigns	S1 Videos <a href="#">18a</a> , <a href="#">18b</a> , <a href="#">18c</a> , <a href="#">18d</a> , <a href="#">18e</a> and <a href="#">18f</a>