

For use once ALL Section 2 concepts have been learned. Alternate between Block 1 & Block 2 each day.

<i>Block 1 – Practice Session</i>	<i>Write date here if preferred:</i>	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting using VMPC Rhythm Sightreading Sheets 2A, 2B and 2C</i>								
<i>Rhythm: Write one simple time rhythm in shorthand using VMPC Rhythm Sightreading Sheets 2A, 2B and 2C</i>								
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>								
<i>Scales: Write the C, F and G Major scales in treble or bass clef using the VMPC Scale Writing Worksheet 2</i>								
<i>Intervals: Sing C Major with intervals in solfa with handsigns V11</i>								
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2 or the VMPC Melodic Sightreading Sheet 2A</i>								
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>								
<i>Chord Progressions: Sing the primary triads in solfa with handsigns V29a The Primary Triads</i>								

Block 2 – Practice Session	Write date here if preferred:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<i>Rhythm: Compose one simple time rhythm using ONLY rhythms in Section 1. Use the VMPC Rhythm Composition Sheet 1</i>								
<i>Scales: Sing the C, F and G Major scales in letter names V25a</i>								
<i>Intervals: Sing all Major & Perfect Intervals in solfa with handsigns V9</i>								
<i>Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10</i>								
<i>Melody: Sing one C, F or G Major melody, in letter names using the VMPC Melodic Sightreading Sheet 2 or the VMPC Melodic Sightreading Sheet 2A</i>								
<i>Melody: Compose one C Major melody then sing in solfa with handsigns using the VMPC Melodic Composition Sheet 1</i>								
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V16 V17 V18 V19 V20 V21</i>								