

VMPC UNIT 1: SECTION 2 Checklist lesson plan

Name: _____

LESSON 1 – LEARNING: RHYTHM	Date: _____ (Tick below when completed)
Completed Rhythm Section 2 - Semiquavers (page13)	
Watched V22 Semiquavers	
Complete Worksheet 7 (page 15) Q. 21 & 22	
LESSON 1 – Practice	
<i>Rhythm: Write one simple time rhythm in shorthand using VMPC Rhythm Sightreading Sheet 2A</i>	
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>	
<i>Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10</i>	
<i>Melody: Sing one C Major melody (in treble clef only), in solfa with handsigns using the VMPC Melodic Sightreading Sheet 1A</i>	
<i>Chords: Sing the C Major tonic triad in solfa with handsigns V14</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V16</i>	

LESSON 2 - SCALES	Date: (Tick below when completed)
Completed Scales Section 2 (pages 17 - 19)	
Watch V25 Transposition, Key Signatures and the G and F Major Scales	
LESSON 2 – Practice	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2A</i>	
<i>Scales: Sing the C, F and G Major scale in letter names V25a</i>	
<i>Scales: Write the C Major scale in treble or bass clef using the VMPC Scale Writing Worksheet 2</i>	
<i>Intervals: Sing C Major with intervals in solfa with handsigns V11</i>	
<i>Melody: Sing one C Major melody (in treble clef only), in solfa with handsigns using the VMPC Melodic Sightreading Sheet 1A</i>	
<i>Chords: Sing the C Major tonic triad in solfa with handsigns V14</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V17</i>	

LESSON 3 - INTERVALS	Date: (Tick below when completed)
Completed Intervals Section 2 (top of page 20)	
Watch V26 Visually Identifying intervals	
Worksheet 9 (page 22) Q. 36	
LESSON 3 - PRACTICE	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2A</i>	
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>	
<i>Intervals: Sing all Major & Perfect Intervals in solfa with handsigns V9</i>	
<i>Melody: Sing one C Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 1A</i>	
<i>Chords: Sing the C Major tonic triad in solfa with handsigns V14</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V18</i>	

LESSON 4 – MELODY and CHORDS	Date: (Tick below when completed)
Melody: Complete Worksheet 10 (page 23) Q. 42. Be sure to sing each Warm Up exercise BEFORE undertaking each Melodic Transcription exercise.	
Chords: Completed Chords Section 2 (page 24)	
Watched V28 Intervals in the Major Triad	
Complete Worksheet 11 (page 24)	
LESSON 4 - PRACTICE	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2A</i>	
<i>Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10</i>	
<i>Scales: Sing the C, F and G Major scale in letter names V25a</i>	
<i>Melody: Compose one C Major melody then sing in solfa with handsigns using the VMPC Melodic Composition Sheet 1</i>	
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V19</i>	

LESSON 5 - CHORD PROGRESSIONS	Date: (Tick below when completed)
Completed Chord Progressions Section 2 (page 25)	
Watched V29 The Primary Triads	
Complete Chord Worksheet 12 (page 25) Q. 47 & Q. 49	
LESSON 5 - PRACTICE	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2A</i>	
<i>Intervals: Sing C Major with intervals in solfa with handsigns V11</i>	
<i>Scales: Sing the C, F and G Major scale in letter names V25a</i>	
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2</i>	
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>	
<i>Chord Progressions: Sing the primary triads in solfa with handsigns V29a The Primary Triads</i>	

LESSON 6 – LEARNING: RHYTHM	Date:	(Tick below when completed)
Complete Rhythm Section 2 - Ties (pages 13 & 14)		
Watched V23 Ties		
Complete Worksheet 7 (page 16) Q. 29 & 30		
LESSON 6 - PRACTICE		
<i>Rhythm: Compose one simple time rhythm using ONLY rhythms in Section 1. Use the VMPC Rhythm Composition Sheet 1</i>		
<i>Intervals: Sing all Major & Perfect Intervals in solfa with handsigns V9</i>		
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>		
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2</i>		
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>		
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V20</i>		

LESSON 7 - SCALES	Date:	(Tick below when completed)
Complete Worksheet 8 (page 19)		
LESSON 7 – Practice		
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2B</i>		
<i>Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10</i>		
<i>Scales: Sing the C, F and G Major scale in letter names V25a</i>		
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2</i>		
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>		
<i>Chord Progressions: Sing the primary triads in solfa with handsigns V29a The Primary Triads</i>		

LESSON 8 - INTERVALS	Date: (Tick below when completed)
Completed Intervals Section 2 up to and including Inversions of Intervals (page 20 & 21)	
Watch V27 Writing intervals	
Worksheet 9 (page 22) Q. 37 to 39	
LESSON 8 - PRACTICE	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2B</i>	
<i>Intervals: Sing C Major with intervals in solfa with handsigns V11</i>	
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>	
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2A</i>	
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V21</i>	

LESSON 9 – LEARNING: RHYTHM	Date:	(Tick below when completed)
Complete Rhythm Section 2 – The Dot & Ostinato (pages 14 & 15)		
Watched V24 The Dot & The Ostinato		
Complete Worksheet 7 (page 16) Q. 23 to 28		
LESSON 9 - PRACTICE		
<i>Rhythm: Compose one simple time rhythm using ONLY rhythms in Section 1. Use the VMPC Rhythm Composition Sheet 1</i>		
<i>Intervals: Sing all Major & Perfect Intervals in solfa with handsigns V9</i>		
<i>Scales: Sing the C, F and G Major scale in letter names V25a</i>		
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2A</i>		
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>		
<i>Chord Progressions: Sing the primary triads in solfa with handsigns V29a The Primary Triads</i>		

LESSON 10 - INTERVALS	Date: (Tick below when completed)
Completed Practice Question 3 (page 21)	
Worksheet 9 (page 22) Q. 40 & 41	
LESSON 10 - PRACTICE	
<i>Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2C</i>	
<i>Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10</i>	
<i>Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video</i>	
<i>Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2A</i>	
<i>Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a</i>	
<i>Chord Progressions: Sing one bassline in solfa with handsigns: V16</i>	

For use once ALL Section 2 concepts have been learned.

EVERY DAY – Practice	Write date here if preferred:	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Rhythm: Read one simple time rhythm in rhythm names with conducting VMPC Rhythm Sightreading Sheet 2C								
Rhythm: Compose one simple time rhythm using ONLY rhythms in Section 1. Use the VMPC Rhythm Composition Sheet 1								
Rhythm: Write one simple time rhythm in shorthand using VMPC Rhythm Sightreading Sheet 2C								
Scales: Sing the Major scale in solfa with handsigns Major Scale Practice Video								
Scales: Sing the C, F and G Major scales in letter names V25a								
Scales: Write the C, F and G Major scales in treble or bass clef using the VMPC Scale Writing Worksheet 2								
Melody: Sing one C, F or G Major melody, in solfa with handsigns using the VMPC Melodic Sightreading Sheet 2 or the VMPC Melodic Sightreading Sheet 2A								
Melody: Compose one C Major melody then sing in solfa with handsigns using the VMPC Melodic Composition Sheet 1								
Intervals: Sing all Major & Perfect Intervals in solfa with handsigns V9								
Intervals: Sing all minor & Perfect Intervals in solfa with handsigns V10								
Intervals: Sing C Major with intervals in solfa with handsigns V11								
Chords: Sing the C Major tonic triad with intervals in solfa with handsigns V28a								
Chord Progressions: Sing the primary triads in solfa with handsigns V29a The Primary Triads								
Chord Progressions: Sing one bassline in solfa with handsigns: V16 V17 V18 V19 V20 V21								