

Dear **VMPC Unit 3/4 A course** Participants

It's finally here! The first intake of the VMPC 2016. Welcome – I really hope you get a lot out of this!
For the first few days you have a couple of very simple, but VERY important, tasks.

Task 1. HOW?

There are many ways to undertake the VMPC:

- a. on your own;
- b. with a friend or two;
- c. with your class (directed by your teacher) etc

Task 2. KNOW?

What do I mean by KNOW?

If you really **KNOW** something you can:

- a. **aurally recognise** the new element and **transcribe** the element (scale, note, rhythm, chord etc)
- b. **visually recognise** and **write** the element
- c. **read or sing, in rhythm names**, the element
- d. **improvise** and **compose** using the element

Task 3. COMMIT.

Write down somewhere (or email it to me, your teacher or a friend) that you are going to commit to following the VMPC and in this way achieve your absolute best this year!

Task 4. WATCH.

One thing this course uses extensively is tonic solfa. For those who don't have much knowledge of this please watch: <https://www.youtube.com/watch?v=GT5MJRsXCaU>