

2016 VMPC: WEEKS 1 & 2 – Section 1 (All page numbers below refer to the Level 3 “Musicianship & Aural Training for the Secondary School” student and teacher books).

Rhythm

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Rhythm, pages 1 – 3</p> <p>Use the following videos as required:</p> <ul style="list-style-type: none"> a. V1 Rhythmic elements taught b. V2 Time Signatures c. V3 Rhythmic Sightreading d. V 4 Rhythmic Shorthand <p>Additional video if required: Level 1, Lesson 6 - More Conducting</p>	<p>1. Read one simple time rhythm per day in rhythm names with conducting.</p> <p>2. Practice writing these rhythms out in shorthand – 1st example on VMPC Rhythm Sightreading Sheet 1 has the shorthand above to show you.</p> <p>Note – use examples from Section 1 in the book, any completed rhythmic dictations + rhythms from the Rhythm Sheet 1.</p>	<p>1. Practice Question 1 (page 3)</p> <p>2. Worksheet 1 (page 3)</p> <p>Use the shorthand in ALL these questions EVEN if these rhythms are very easy for you.</p>

Scales

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Scales, pages 4 & 5</p> <p>Use the following videos as required:</p> <ul style="list-style-type: none"> a. V5 The Major scale b. V6 Melodic Sightreading c. V7 Bass clef <p>Additional video if required: Level 1, Lesson 2 – The Staff</p>	<p>1. Sing the Major scale in solfa with handsigns twice per day. Practice with the Major Scale Practice Video, to ensure accuracy.</p> <p>2. Sing the C Major scale in letter names a few times over the week.</p> <p>3. Practice writing the C Major scale out, in treble AND bass clef.</p>	<p>1. Worksheet 2 (page 5)</p>

Intervals

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Intervals, pages 6 - 8</p> <p>Use the following videos as required:</p> <ul style="list-style-type: none"> a. V8 Major, Perfect & minor Intervals b. V9 Practice of Major & Perfect Intervals c. V10 Practice of minor & Perfect Intervals d. V11 Intervals in a Major Scale 	<ul style="list-style-type: none"> 1. Sing all Major & Perfect Intervals (V9) and all minor & Perfect Intervals (V10) once per day, in solfa with handsigns. 2. Sing the intervals in C Major (V11) once per day, in solfa with handsigns AND letter names. 	<ul style="list-style-type: none"> 1. Worksheet 3 (page 8)

Melody

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Melody, pages 9 & 10</p> <p>Use the following video as required:</p> <ul style="list-style-type: none"> a. V12 Melodic Transcriptions 	<ul style="list-style-type: none"> 1. Sing one C Major melody (in treble AND bass clef) per day, in solfa with handsigns (and occasionally in letter names). <p>Note – use examples from Section 1 in the book, any completed melodic dictations + melodies from the VMPC Melodic Sightreading Sheet 1</p>	<ul style="list-style-type: none"> 1. Practice Question 2 (page 9) 2. Worksheet 4 (page 10)

Chords

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Chords, page 11</p> <p>Use the following video as required:</p> <p>a. V13 Triads & the Major Triad</p>	<p>1. Sing the C Major tonic triad in solfa with handsigns several times per day (and occasionally in letter names). Practice with this video: V14 C Major Triad - Practice Video, to ensure accuracy.</p>	<p>1. Worksheet 5 (page 11)</p>

Chord Progressions

Learn/Revise (Use 2 Sessions to complete)	Practice	Set Tasks
<p>1. Complete Section 1 – Chord Progressions, page 12</p> <p>Use the following video as required:</p> <p>a. V15 Hearing & Singing Basslines</p>	<p>1. Sing one bassline per day in solfa with handsigns.</p> <p>Practice Progression Videos:</p> <p>V16 Hearing & Singing Basslines - Progression 1</p> <p>V17 Hearing & Singing Basslines - Progression 2</p> <p>V18 Hearing & Singing Basslines - Progression 3</p> <p>V19 Hearing & Singing Basslines - Progression 4</p> <p>V20 Hearing & Singing Basslines - Progression 5</p> <p>V21 Hearing & Singing Basslines - Progression 6</p>	<p>1. Worksheet 6 (page 12)</p>

Optional activities –

1. Video of yourself singing (in solfa with handsigns) the Major scale.
2. Send me your hand written composition from Q.7 page 5 (scan and email or fax: 94971797).