

Dear VMPC Participants

It's finally here! The first intake of the VMPC 2016. Welcome – I really hope you get a lot out of this!

For the first few days you have a couple of very simple, but VERY important, tasks.

Task 1. HOW?

There are many ways to undertake the VMPC:

- a. on your own;
- b. with a friend or two;
- c. with your class (directed by your teacher) etc

If you are in Unit 3 and not being directed through the course by a teacher I STRONGLY recommend you complete the attached questionnaire and email it back to me. This allows me to work with you as you complete the VMPC and work towards the written and aural exam at the end of the year. (If you are in Unit 1 and want to work with me in the direct group please contact me directly via email).

It does mean I will bug you regarding how you are going, if you have completed certain tasks etc but it also means you can contact me anytime for help.

If you are a student who is lucky enough to have your teacher taking you through this course then you may still fill out the questionnaire and return it to me if you'd like my involvement, encouragement and badgering throughout the course. Otherwise – teachers – you may like your classes to complete the questionnaire and return it to you if you find it helpful.

Either way I think it is a great idea to take note of where you are at NOW – kind of like the “before photo” – so you know how you are progressing throughout the year.

Task 2. KNOW?

Before you complete the questionnaire read the following. Then answer very truthfully.

What do I mean by **KNOW**?

If you really **KNOW** something you can:

- a. **aurally recognise** the new element and **transcribe** the element (scale, note, rhythm, chord etc)
- b. **visually recognise** and **write** the element
- c. **read or sing, in rhythm names**, the element
- d. **improvise** and **compose** using the element

Task 3. COMMIT.

Write down somewhere (or email it to me, your teacher or a friend) that you are going to commit to following the VMPC and in this way achieve your absolute best this year!

Task 4. WATCH.

One thing this course uses extensively is tonic solfa. For those who don't have much knowledge of this please watch: <https://www.youtube.com/watch?v=GT5MJRsXCaU>

One attachment is included with this email:

1. “VPMC Feb 2016 Unit 3 Questionnaire”

If you wish to unsubscribe from these emails please reply with “unsubscribe” in the subject line.