

Debka Hora

Traditional Israeli Folksong

1.

Lai, lai, lai, lai, lai, lai, lai, lai,

3


lai, lai, lai, lai, lai, lai, lai, lai,

2.

lai, lai, lai, lai, lai, lai, lai, lai, lai, lai,

3

lai, lai, lai, lai, lai, lai, lai, lai.

Tone Set	Scale	Teaching Purpose(s)
(la) ti, do re mi	la pentachordal	

Level 1 Reference	Song Type	CSP (Comfortable Starting Pitch)
Lesson 13	Canon in two parts Game	G and A

Debka Hora – Actions

Formation: students stand in a single circle holding hands or with arms resting on the shoulders of the people beside them.

Beat 1 Grapevine step stepping sideways to the left on beat 2 and right foot behind on “and”.

Beat 2-6 Repeat Beat 1 five more times.

Beat 7 & 8 Stamp left foot on beat 7, right foot on “and” and left foot on beat 8.

Beat 9-16 Repeat beats 1-8 with opposite feet and in opposite direction.

Beat 17 & 18 Do one grapevine step to the left then hop on the left foot swinging right foot in front.

Beat 19 & 20 Do one grapevine step to the right then hop on the right foot swinging left foot in front.

Beat 21 & 22 Do one grapevine step to the left then hop on the left foot swinging right foot in front.

Beat 23 & 24 Stamp right foot, left right, right foot.

Beat 17-24 Repeat beats 17-24.