

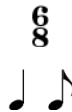
The Day I Went to Sea

Traditional Folksong

When I was one I had some fun the day I went to sea. I
 5
 jumped on board the pi - rate ship, and the Cap - tain said to me: "We're go - ing
 9
 this way, that way, for - wards, back - wards o - ver the I - rish Sea. A
 13
 bot - tle of rum to fill my tum and that's the life for me!

When I was two I lost my shoe.....
 When I was three I skinned my knee.....
 When I was four I locked the door.....
 When I was five I was just alive.....
 When I was six I brought some sticks...
 When I was seven I came from Devon....
 When I was eight I was almost late....
 When I was nine I walked the line
 When I was ten I started again....

You can vary this by allowing the singers' imaginations free rein point to someone randomly for them to improvise the rhymes for each verse.

Tone Set	Scale	Teaching Purpose(s)
<i>so, la, ti, (do)re mi</i>	Major minus <i>fa</i>	

Level 1 Reference	Song Type	CSP (Comfortable Starting Pitch)
Lesson 34	Traditional song and game with additional composed game actions	C to E

The Day I Went to Sea – Game Version

Actions by Deborah Smith and Jenny Gillan

Formation: Students stand in a single circle holding their hands out in front of the people beside them. Their left hand should face up under the person's hand on their left and their right hand should face down on top of the person's hand on the right.

Beats 1 to 8

– (As in A Qua Qua) Beginning on the first beat of the first full bar, the first person takes their right hand cross their body and taps the person's hand on their left thus "passing the beat". This person then does the same and so on around circle on the beat.

Beats 9 and 10 ("jumped on board the")

– jump to the left and tap both hands on both thighs on first beat, tap both hands on both thighs again on second beat,

Beats 11 and 12 ("pirate ship and the")

– jump to the right and tap both hands on both thighs on first beat, tap both hands on both thighs again on second beat,

Beats 13 to 16 – repeat beats 9 to 12 above

Beats 17 to 20 ("this way, that way, forwards, backwards")

– lean left, lean right, bend forwards, bend backwards

Beats 21 to 24 ("over the Irish sea")

– repeat beats 17 to 20 above

Beats 25 and 26 ("a bottle of rum")

– pretend to drink on 1st beat, then clap own hands on second beat,

Beats 27 and 28 ("fill my tum")

– tap your stomach on 1st beat, then clap own hands on second beat,

Beats 29 and 30 ("that's the life for")

– salute (right hand to right side of forehead), then clap own hands on second beat,

Beats 31 and 32 ("me")

– stamp right foot on 1st beat, on 2nd beat prepare hands for beat passing – starting with the person after the one who finished the beat passing last time.