

Lamington

Words, music and actions by Jennifer Gillan

5 Take a slab of old sponge cake. Take some cho-co-late ic-ing.

9 Take a bowl full of co-co-nut, time to have some fun.

13 Cut the sponge in-to squares. drown it in cho-co-late ic-ing.

Co-ver it with co-co-nut and make a la-ming-ton!

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Tone Set	Scale	Teaching Purpose(s)
so, (do)re mi fa so la	Major minus ti	6/8

Level 1 Reference	Song Type	CSP (Comfortable Starting Pitch)
Lesson 32	Composed song and game	C to E

Lamington – Game Version

Students sitting in rows across (auditorium seating works well).

Beat 1 Hands clap outwards to partners on each side.

Beat 2 Clap own hands together

Beat 3 Tap own knees

Beat 4 Clap own hands together. Repeat Beats 1 to 4

Beat 5 LH facing down pats side person's RH facing up

Beat 6 Clap own hands together

Beat 7 LH facing UP pats side person's RH facing DOWN

Beat 8 Clap own hands together. Repeat Beats 5 to 8

Beat 9 No. 1s turn to Right, No 2s turn to left clap both hands to side partner

Beat 10 Clap own hands together and turn to face other side partner.

Beat 11 No. 2s turn right no. 1s turn left to clap both hands to OTHER side partner

Beat 12 Clap own hands together Repeat Beats 9 to 12

Beat 13 Number 1s: hands clap outwards to person next to partner's hands WHILE Number 2s duck down to touch their toes (thereby avoiding being hit in the head!

Beat 14 Clap own hands together

Beat 15 Number 1s duck down to touch their toes while Number 2s hands clap outwards to person next to partner's hands.

Beat 16 Clap own hands together Repeat Beats 13 to 16