

Staff notation: Bass Clef (“F = do” Pentatonic Scale)

Use these instructions to sightread and practise all these Exercises:

- ☞ Learn and practice the rhythm of each exercise;
- ☞ Using a keyboard, tuning fork or similar, give yourself the starting note (the first note on the staff) then tap the beat as you inner hear the solfa, showing the handsigns;
- ☞ Continue tapping the beat as you sing the solfa aloud showing the handsigns;
- ☞ Continue tapping the beat as you inner hear the letter names;
- ☞ Continue tapping the beat as you sing the letter names aloud;
- ☞ Practice each exercise until you have it memorised;
- ☞ Write the letter names beneath each note as theory practice..

Tone Set – F “do” Pentatonic Scale in the Bass Clef

d r m s l d' d' l s m r d
 F G A C D F F D C A G F

Bass Clef Exercise 1

d r m r d d r r m m r m r m m r r m etc
 F G A G F F G G A A G A G A A G G A

Bass Clef Exercise 2

d r m s s m r s s m r d r m s m d r etc
 F G A C C A G C C A G F G A C A F G

Bass Clef Exercise 3

d r m d l l d l l d etc
 F G A C D D C D D C

Bass Clef Exercise 4

d r m m r d d r m m r d m s l l s m etc
 F G A A G F F G A A G F A C D D C A

Bass Clef Exercise 5

d d d r r r m r d s l l l s s s s l d' s etc
 F F F G G G A G F C D D D C C C C D F C

Bass Clef Exercise 6

Bass Clef Exercise 7